



EXTENDING CHOICE

CONNECTING EXPERTS IN PD

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Parkinson's Disease Education Day 2023



What Do We Know About Early Parkinson's Disease?



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Trust

As presented in May 2023 (GB_XAD_690)



Early PD

Alastair Noyce

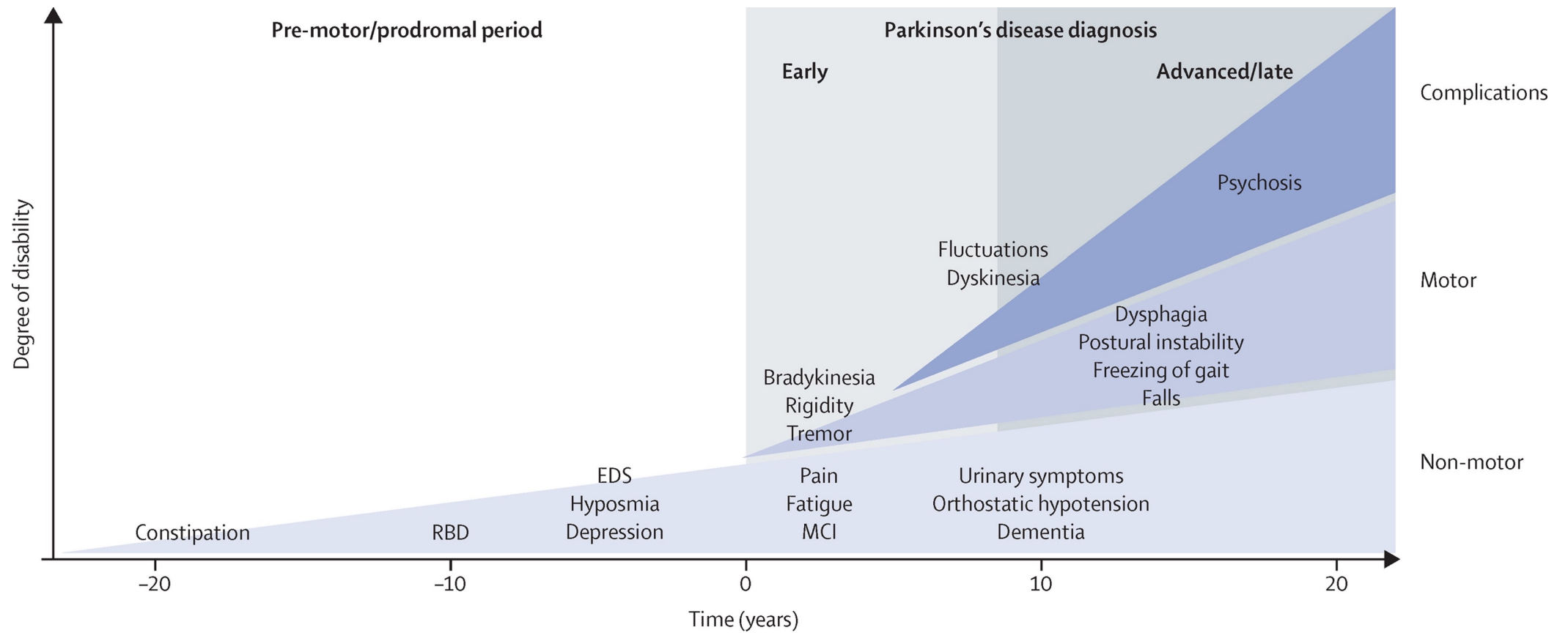
Barts Health NHS Trust

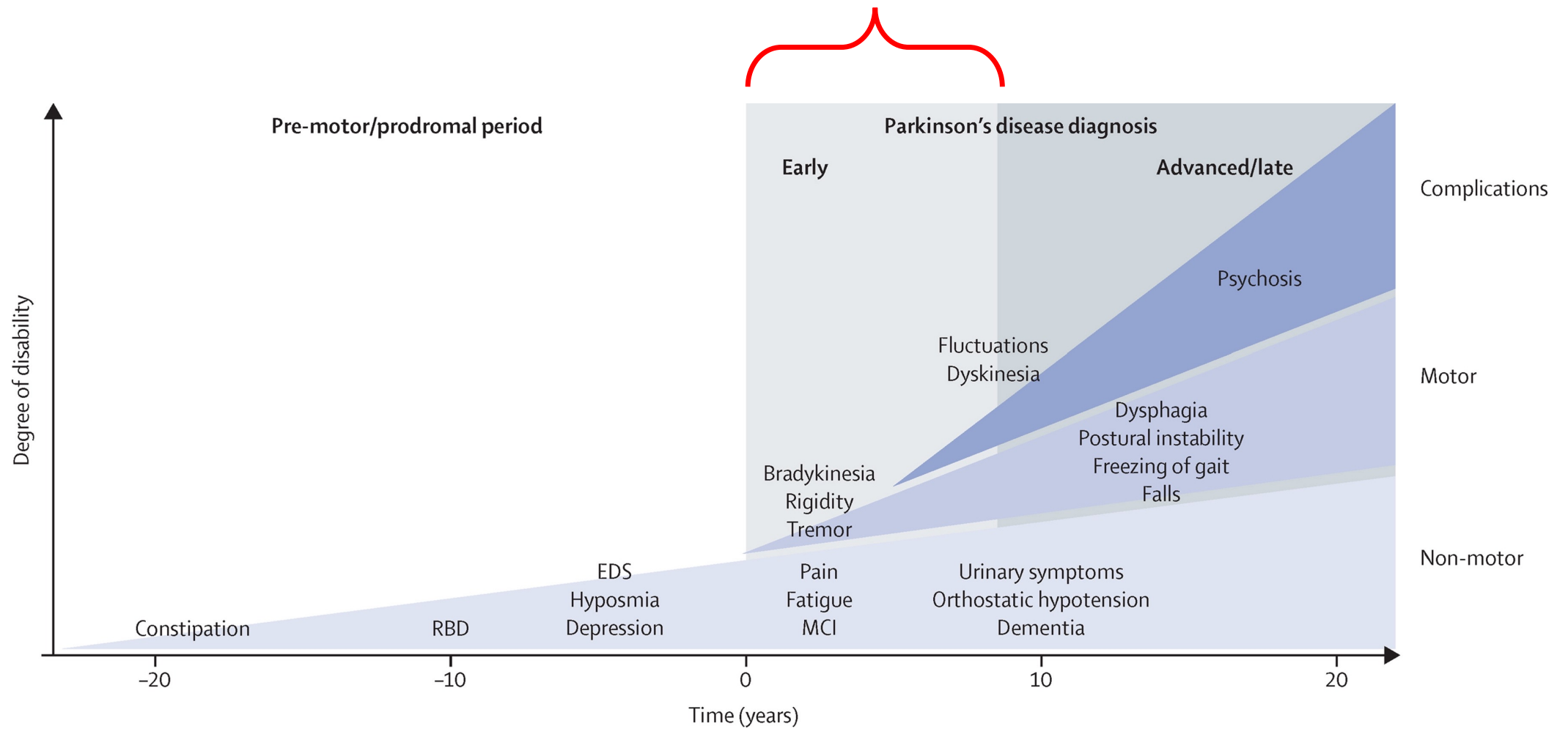
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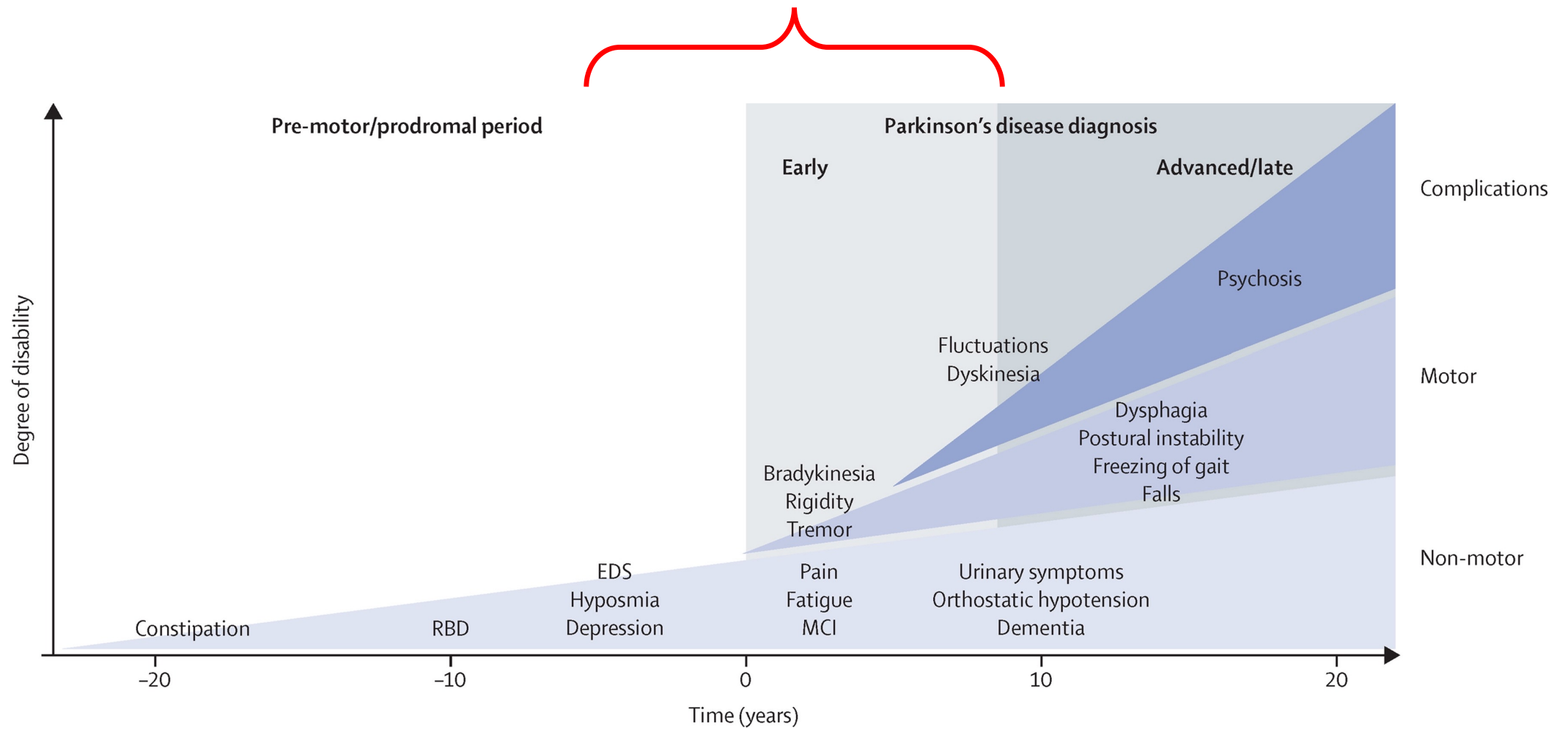
Wolfson Institute of Population Health, QMUL

Disclosures

- Grants from Parkinson's UK, Barts Charity, Cure Parkinson's, NIHR, Innovate UK, Virginia Keiley benefaction, Alchemab, Aligning Science Across Parkinson's Global Parkinson's Genetics Program (ASAP-GP2) and Michael J Fox Foundation.
- Consultancy and personal fees from AstraZeneca, AbbVie, Zambon, Roche, Biogen, UCB, Bial, Charco Neurotech, uMedeior, Alchemab, and Britannia.

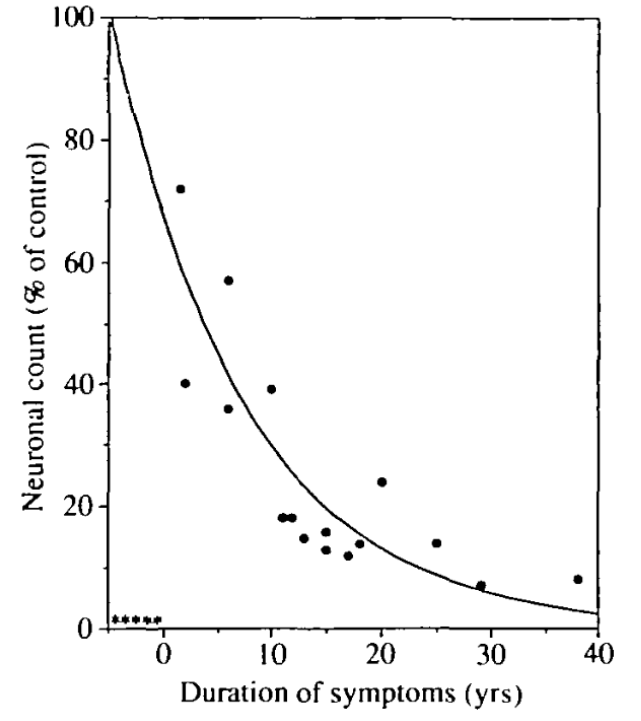
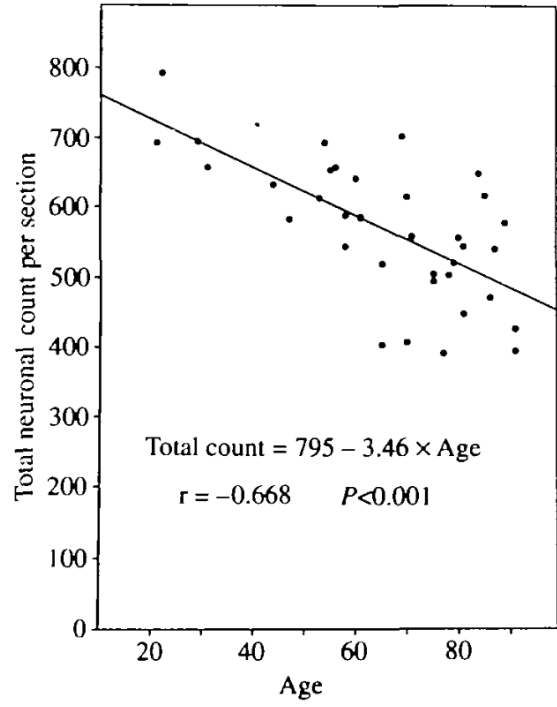






AGEING AND PARKINSON'S DISEASE: SUBSTANTIA NIGRA REGIONAL SELECTIVITY

by JULIAN M. FEARNLEY and ANDREW J. LEES
(From the National Hospital, Queen Square, London, UK)



Prediagnostic presentations of Parkinson's disease in primary care: a case-control study

Anette Schrag, Laura Horsfall, Kate Walters, Alastair Noyce, Irene Petersen

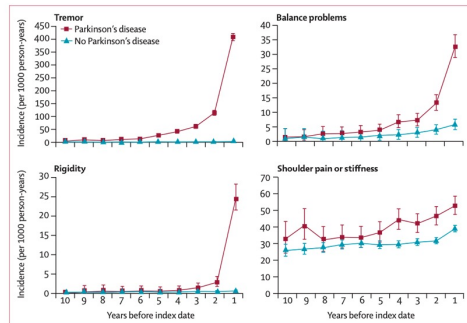


Figure 1: Incidence of motor symptoms of Parkinson's disease. Bars are 95% CIs, based on the sample size of each group. Neck pain and stiffness symptoms are not shown because the difference between groups was not significant at any year.

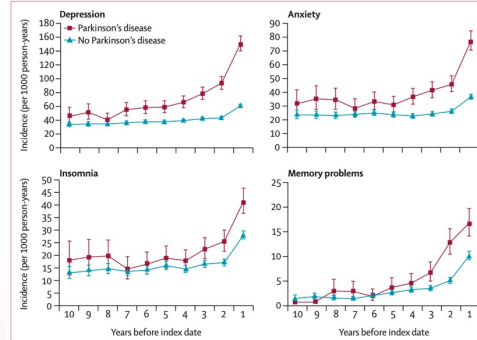


Figure 2: Incidence of neuropsychiatric symptoms and insomnia. Bars are 95% CIs, based on the sample size of each group.

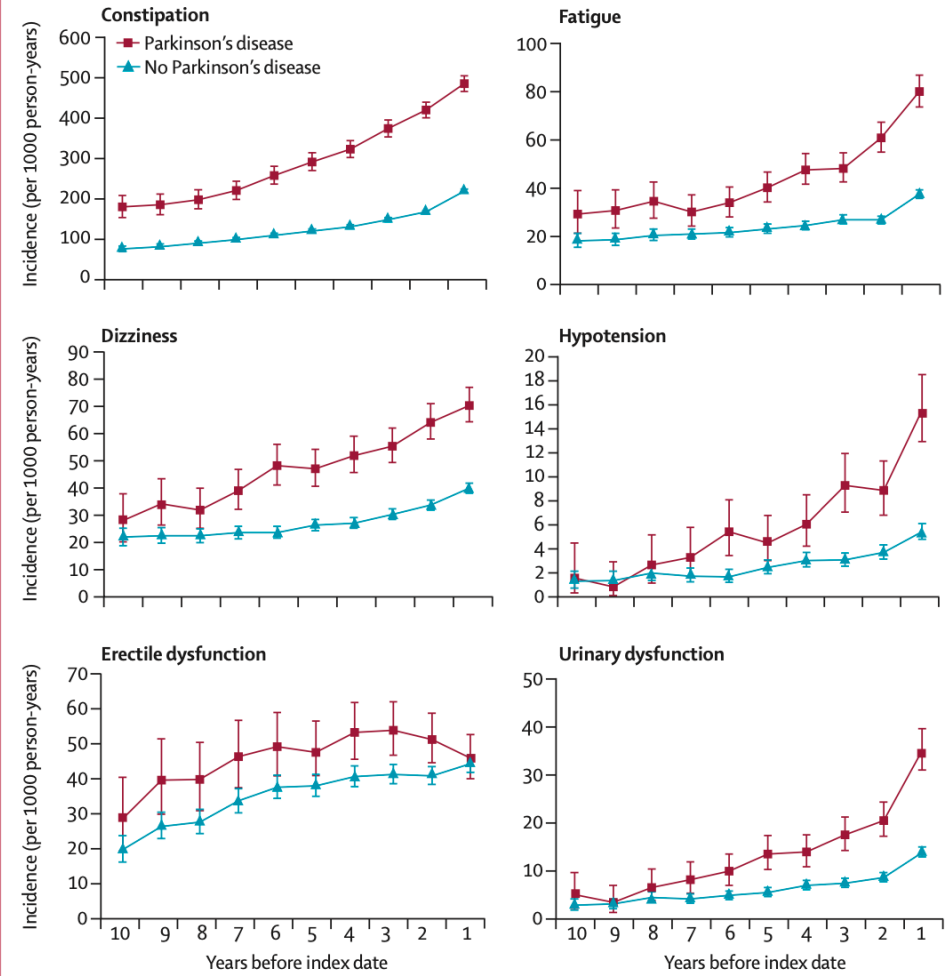


Figure 3: Incidence of autonomic symptoms and fatigue. Bars are 95% CIs, based on the sample size of each group.

Assessment of Risk Factors and Early Presentations of Parkinson Disease in Primary Care in a Diverse UK Population

Cristina Simonet, MD; Jonathan Bestwick, MSc; Mark Jitlal, MSc; Sheena Waters, PhD; Aaron Ben-Joseph, MBBS; Charles R. Marshall, PhD; Ruth Dobson, PhD; Soha Marrium, MSc; John Robson, MSc, MD; Benjamin M. Jacobs, MSc; Daniel Belete, MBChB; Andrew J. Lees, MD; Gavin Giovannoni, PhD; Jack Cuzick, PhD, CBE; Anette Schrag, PhD; Alastair J. Noyce, PhD

Table 1. Demographic Information on PD Cases and Unmatched Controls in East London Primary Care Data

Variable	No. (%)		Prevalence, % PD cases per group
	PD (n = 1055)	Controls (n = 1 009 523)	
Age, mean (SD), y	72.9 (11.3)	40.3 (15.2)	NA
Female	423 (40.1)	492 661 (48.8)	0.09
Male	632 (59.9)	516 862 (51.2)	0.12
Ethnicity ^a			
Black	166 (15.7)	134 629 (13.3)	0.12
South Asian	208 (19.7)	216 763 (21.5)	0.10
White	537 (50.9)	441 522 (43.7)	0.12
Other	88 (8.3)	114 503 (11.3)	0.08
Unknown	56 (5.3)	102 106 (10.1)	0.05
IMD			
1-2 (Most deprived)	472 (44.7)	453 747 (44.9)	0.10
3-4	419 (39.7)	424 944 (42.1)	0.10
5-6	68 (6.4)	76 773 (7.6)	0.09
7-8	25 (2.4)	19 258 (1.9)	0.13
9-10 (Least deprived)	16 (1.5)	6895 (0.7)	0.23
Unknown	55 (5.2)	27 906 (2.8)	0.20

Table 3. Matched Case-Control Analysis for Prodromes and Motor Markers^a

Category	Time period								
	<2 y			2 to <5 y			5 to 10 y		
	No. (%) [PD: controls]	OR (95% CI)		No. (%) [PD: controls]	OR (95% CI)		No. (%) [PD: controls]	OR (95% CI)	
	Unadjusted	Adjusted		Unadjusted	Adjusted		Unadjusted	Adjusted	
Metabolic									
Underweight	7 (0.7): 26 (0.2)	2.73 (1.17-6.37)	2.58 (1.1-6.02)	4 (0.4): 49 (0.5)	0.81 (0.29-2.25)	0.78 (0.28-2.18)	10 (0.9): 69 (0.7)	1.45 (0.74-2.83)	1.44 (0.74-2.82)
Autonomic									
Hypotension	13 (1.2): 19 (0.2)	6.84 (3.38-13.85)	6.81 (3.35-13.8)	12 (1.1): 25 (0.2)	4.88 (2.44-9.77)	4.73 (2.36-9.5)	6 (0.6): 30 (0.3)	2.01 (0.83-4.85)	1.9 (0.79-4.6)
Constipation	44 (4.2): 140 (1.3)	3.29 (2.32-4.66)	3.29 (2.32-4.67)	53 (5): 205 (1.9)	2.68 (1.97-3.66)	2.66 (1.95-3.63)	53 (5): 188 (1.8)	2.96 (2.16-4.06)	2.97 (2.16-4.07)
Erectile dysfunction	21 (3.3): 185 (2.9)	1.14 (0.72-1.80)	1.14 (0.72-1.8)	34 (5.4): 302 (4.8)	1.13 (0.79-1.64)	1.13 (0.78-1.63)	51 (8.1): 350 (5.5)	1.51 (1.11-2.05)	1.52 (1.12-2.08)
Neuropsychiatric									
Depression	24 (2.3): 52 (0.5)	4.69 (2.88-7.63)	4.61 (2.82-7.52)	18 (1.7): 111 (1.1)	1.65 (0.99-2.73)	1.64 (0.98-2.72)	28 (2.7): 144 (1.4)	1.97 (1.31-2.97)	1.94 (1.29-2.92)
Anxiety	32 (3): 106 (1)	3.08 (2.06-4.60)	3.01 (2.02-4.5)	18 (1.7): 137 (1.3)	1.32 (0.8-2.18)	1.29 (0.78-2.13)	37 (3.5): 243 (2.3)	1.55 (1.09-2.21)	1.53 (1.07-2.18)
Insomnia	21 (2): 97 (0.9)	2.18 (1.36-3.51)	2.17 (1.35-3.48)	25 (2.4): 137 (1.3)	1.85 (1.29-2.85)	1.87 (1.21-2.88)	24 (2.3): 164 (1.6)	1.48 (0.96-2.28)	1.47 (0.95-2.27)
Fatigue	26 (2.5): 138 (1.3)	1.91 (1.25-2.93)	1.86 (1.21-2.85)	27 (2.6): 194 (1.8)	1.41 (0.93-2.13)	1.4 (0.93-2.11)	26 (2.5): 243 (2.3)	1.08 (0.71-1.63)	1.06 (0.7-1.6)
Dizziness	36 (3.4): 229 (2.2)	1.59 (1.11-2.27)	1.57 (1.09-2.24)	54 (5.1): 276 (2.6)	2.01 (1.49-2.71)	1.99 (1.47-2.68)	60 (5.7): 369 (3.5)	1.68 (1.27-2.24)	1.66 (1.25-2.21)
Memory symptoms	52 (4.9): 63 (0.6)	8.6 (5.91-12.49)	8.73 (6.0-12.7)	18 (1.7): 59 (0.6)	3.08 (1.81-5.24)	3.09 (1.81-5.26)	8 (0.8): 39 (0.4)	2.06 (0.96-4.42)	2.01 (0.93-4.31)
Sensory									
Hearing loss	23 (2.2): 140 (1.3)	1.66 (1.06-2.58)	1.65 (1.06-2.58)	29 (2.7): 170 (1.6)	1.73 (1.16-2.57)	1.73 (1.16-2.57)	24 (2.3): 163 (1.5)	1.48 (0.96-2.29)	1.46 (0.95-2.26)
Sensory/indirect motor									
Shoulder pain	31 (2.9): 142 (1.3)	2.23 (1.5-3.3)	2.25 (1.52-3.33)	39 (3.7): 212 (2)	1.88 (1.33-2.66)	1.89 (1.33-2.68)	45 (4.3): 348 (3.3)	1.32 (0.96-1.81)	1.31 (0.95-1.80)
Neck pain	26 (2.5): 188 (1.8)	1.39 (0.92-2.11)	1.39 (0.92-2.11)	32 (3): 235 (2.2)	1.38 (0.95-2.01)	1.37 (0.94-1.99)	36 (3.4): 300 (2.8)	1.21 (0.85-1.72)	1.21 (0.85-1.72)
Motor									
Tremor	267 (25.3): 26 (0.2)	145.96 (90.55-235.28)	151.24 (93.74-244.02)	42 (4): 29 (0.3)	14.48 (9.02-23.25)	14.51 (9.02-23.3)	26 (2.5): 24 (0.2)	11.66 (6.59-20.64)	11.4 (6.43-20.22)
Rigidity	13 (1.2): 1 (0)	129.99 (17.01-993.63)	124.84 (16.3-956.36)	1 (0.1): 4 (0)	2.5 (0.28-22.37)	2.48 (0.28-22.26)	2 (0.2): 2 (0)	10 (1.41-71.0)	8.27 (1.14-59.8)
Balance difficulties	44 (4.2): 187 (1.8)	2.42 (1.73-3.39)	2.4 (1.71-3.36)	42 (4): 202 (1.9)	2.14 (1.52-3.01)	2.1 (1.49-2.95)	33 (3.1): 223 (2.1)	1.51 (1.04-2.19)	1.49 (1.02-2.17)

Abbreviations: OR, odds ratio; PD, Parkinson disease.

^a Matched case-control analysis: matching patients with PD (n = 1055) with 10 controls (n = 10 550) for each case according to age and sex (unadjusted) and

adjusted for ethnicity and Index of Multiple Deprivation. Time spans refer to years before PD diagnosis or index date.

What is a disease?

- An abnormal condition that negatively affects the structure or function of all or part of an organism, and that is not immediately due to any external injury.
- May be classified by cause, pathogenesis, or by symptom(s).
- Classical classification of human disease derives from the observational correlation between pathological analysis and clinical syndromes.

The background of the slide is an aerial photograph of a river delta, showing intricate white water rapids and channels against a dark teal color. The text "Making a diagnosis" is centered in a white, sans-serif font.

Making a diagnosis

Occasional review

The relevance of the Lewy body to the pathogenesis of idiopathic Parkinson's disease

W R G GIBB, A J LEES

From the Department of Neuropathology, National Hospitals for Nervous Diseases, Maida Vale, London, UK

STEP 1. Diagnosis of PARKINSONIAN SYNDROME.

BRADYKINESIA (slowness of initiation of voluntary movement with progressive reduction in speed and amplitude of repetitive actions).

And at least one of the following:

- a. muscular rigidity
- b. 4–6 Hz rest tremor
- c. postural instability not caused by primary visual, vestibular, cerebellar or proprioceptive dysfunction.

STEP 2. Exclusion criteria for Parkinson's disease.

- history of repeated strokes with stepwise progression of Parkinsonian features
- history of repeated head injury
- history of definite encephalitis
- oculogyric crises
- neuroleptic treatment at onset of symptoms
- more than one affected relative
- sustained remission
- strictly unilateral features after three years
- supranuclear gaze palsy
- cerebellar signs
- early severe autonomic involvement
- early severe dementia with disturbances of memory, language and praxis
- Babinski sign
- presence of a cerebral tumour or communicating hydrocephalus on CT scan.
- negative response to large doses of levodopa (if malabsorption excluded)
- MPTP exposure

STEP 3. Supportive prospective positive criteria for PARKINSON'S DISEASE. Three or more required for diagnosis of definite Parkinson's disease.

- unilateral onset
- rest tremor present
- progressive disorder
- persistent asymmetry affecting the side of onset most
- excellent response (70–100%) to levodopa
- severe levodopa-induced chorea
- levodopa response for 5 years or more
- clinical course of 10 years or more

MDS Clinical Diagnostic Criteria for Parkinson's Disease

Ronald B. Postuma, MD, MSc,^{1†*} Daniela Berg, MD,^{2†*} Matthew Stern, MD,³ Werner Poewe, MD,⁴
 C. Warren Olanow, MD, FRCPC,⁵ Wolfgang Oertel, MD,⁶ José Obeso, MD, PhD,⁷ Kenneth Marek, MD,⁸ Irene Litvan, MD,⁹
 Anthony E. Lang, OC, MD, FRCPC,¹⁰ Glenda Halliday, PhD,¹² Christopher G. Goetz, MD,¹³ Thomas Gasser, MD,²
 Bruno Dubois, MD, PhD,¹⁴ Piu Chan, MD, PhD,¹⁵ Bastiaan R. Bloem, MD, PhD,¹⁶ Charles H. Adler, MD, PhD,¹⁷
 and Günther Deuschl, MD¹⁸

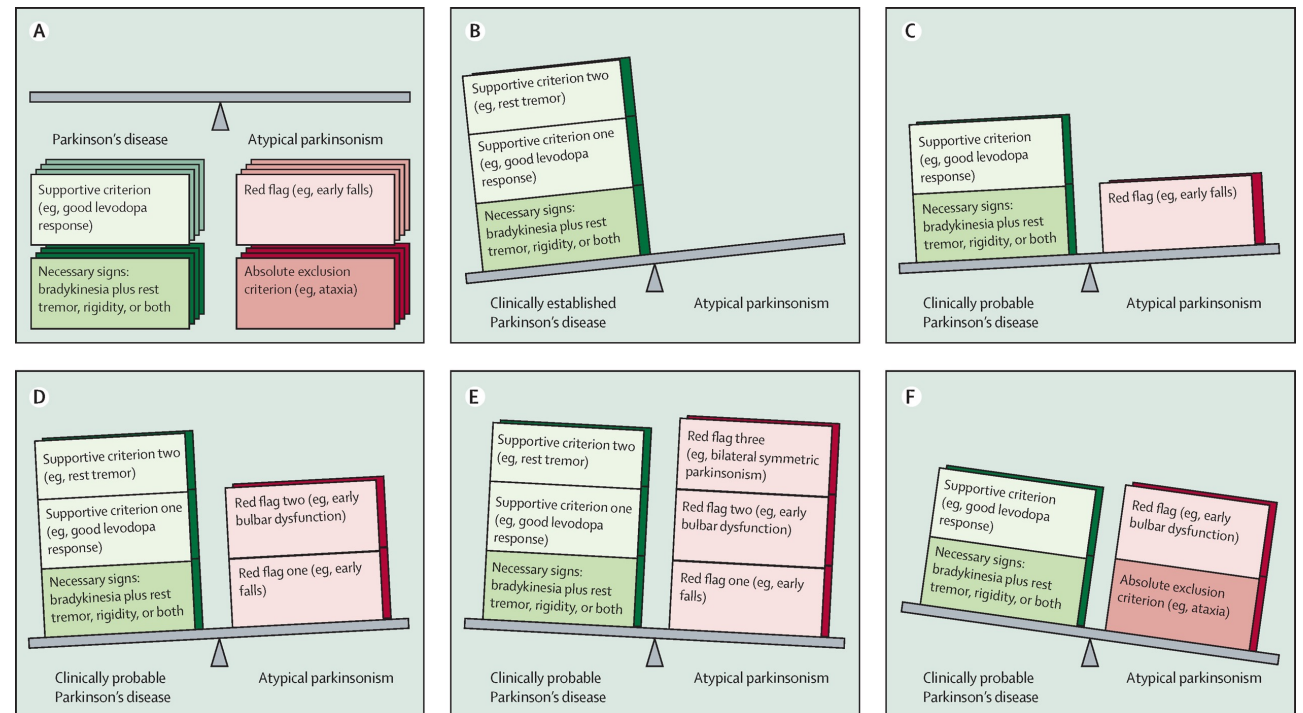
The first essential criterion is parkinsonism, which is defined as bradykinesia, in combination with at least 1 of rest tremor or rigidity. Examination of all cardinal manifestations should be carried out as described in the MDS–Unified Parkinson Disease Rating Scale.³⁰ Once parkinsonism has been diagnosed:

Diagnosis of **Clinically Established PD** requires:

1. Absence of absolute exclusion criteria
2. At least two supportive criteria, and
3. No red flags

Diagnosis of **Clinically Probable PD** requires:

1. Absence of absolute exclusion criteria
2. Presence of red flags counterbalanced by supportive criteria
 If 1 red flag is present, there must also be at least 1 supportive criterion
 If 2 red flags, at least 2 supportive criteria are needed
 No more than 2 red flags are allowed for this category



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 and Günther Deuschl, MD¹⁸

Supportive criteria

(Check box if criteria met)

- 1. Clear and dramatic beneficial response to dopaminergic therapy. During initial treatment, patient returned to normal or near-normal level of function. In the absence of clear documentation of initial response a dramatic response can be classified as:
 - a) Marked improvement with dose increases or marked worsening with dose decreases. Mild changes do not qualify. Document this either objectively (>30% in UPDRS III with change in treatment), or subjectively (clearly-documented history of marked changes from a reliable patient or caregiver).
 - b) Unequivocal and marked on/off fluctuations, which must have at some point included predictable end-of-dose wearing off.
- 2. Presence of levodopa-induced dyskinesia
- 3. Rest tremor of a limb, documented on clinical examination (in past, or on current examination)
- 4. The presence of either olfactory loss or cardiac sympathetic denervation on MIBG scintigraphy

Absolute exclusion criteria: The presence of any of these features rules out PD:

- 1. Unequivocal cerebellar abnormalities, such as cerebellar gait, limb ataxia, or cerebellar oculomotor abnormalities (eg, sustained gaze evoked nystagmus, macro square wave jerks, hypermetric saccades)
- 2. Downward vertical supranuclear gaze palsy, or selective slowing of downward vertical saccades
- 3. Diagnosis of probable behavioral variant frontotemporal dementia or primary progressive aphasia, defined according to consensus criteria³¹ within the first 5 y of disease
- 4. Parkinsonian features restricted to the lower limbs for more than 3 y
- 5. Treatment with a dopamine receptor blocker or a dopamine-depleting agent in a dose and time-course consistent with drug-induced parkinsonism
- 6. Absence of observable response to high-dose levodopa despite at least moderate severity of disease
- 7. Unequivocal cortical sensory loss (ie, graphesthesia, stereognosis with intact primary sensory modalities), clear limb ideomotor apraxia, or progressive aphasia
- 8. Normal functional neuroimaging of the presynaptic dopaminergic system
- 9. Documentation of an alternative condition known to produce parkinsonism and plausibly connected to the patient's symptoms, or, the expert evaluating physician, based on the full diagnostic assessment feels that an alternative syndrome is *more likely* than PD

MDS Clinical Diagnostic Criteria for Parkinson's Disease

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Red flags

- 1. Rapid progression of gait impairment requiring regular use of wheelchair within 5 y of onset
- 2. A complete absence of progression of motor symptoms or signs over 5 or more y unless stability is related to treatment
- 3. Early bulbar dysfunction: **severe dysphonia or dysarthria** (speech unintelligible most of the time) or **severe dysphagia** (requiring soft food, NG tube, or gastrostomy feeding) within first 5 y
- 4. Inspiratory respiratory dysfunction: either diurnal or nocturnal inspiratory stridor or frequent inspiratory sighs
- 5. Severe autonomic failure in the first 5 y of disease. This can include:
 - a) Orthostatic hypotension³²—orthostatic decrease of blood pressure within 3 min of standing by at least 30 mm Hg systolic or 15 mm Hg diastolic, in the absence of dehydration, medication, or other diseases that could plausibly explain autonomic dysfunction, or
 - b) Severe urinary retention or urinary incontinence in the first 5 y of disease (excluding long-standing or small amount stress incontinence in women), that is not simply functional incontinence. In men, urinary retention must not be attributable to prostate disease, and must be associated with erectile dysfunction
- 6. Recurrent (>1/y) falls because of impaired balance within 3 y of onset
- 7. Disproportionate anterocollis (dystonic) or contractures of hand or feet within the first 10 y
- 8. Absence of any of the common nonmotor features of disease despite 5 y disease duration. These include sleep dysfunction (sleep-maintenance insomnia, excessive daytime somnolence, symptoms of REM sleep behavior disorder), autonomic dysfunction (constipation, daytime urinary urgency, symptomatic orthostasis), hyposmia, or psychiatric dysfunction (depression, anxiety, or hallucinations)
- 9. Otherwise-unexplained pyramidal tract signs, defined as pyramidal weakness or clear pathologic hyperreflexia (excluding mild reflex asymmetry and isolated extensor plantar response)
- 10. Bilateral symmetric parkinsonism. The patient or caregiver reports bilateral symptom onset with no side predominance, **and** no side predominance is observed on objective examination

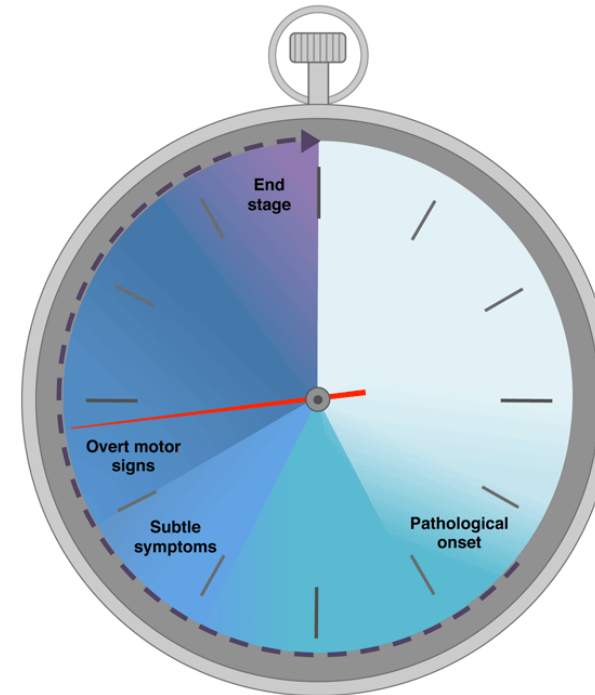
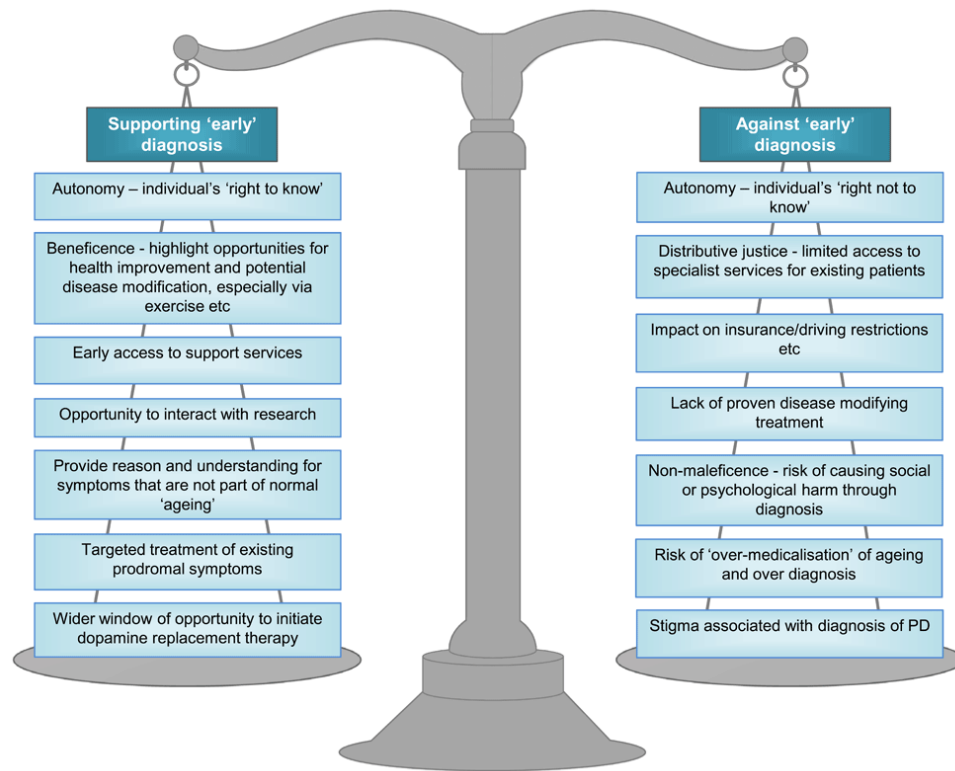





REVIEW


An early diagnosis is not the same as a timely diagnosis of Parkinson's disease [version 1; referees: 2 approved]


Richard Nathaniel Rees¹, Anita Prema Acharya², Anette Schrag¹,
Alastair John Noyce^{3,4}




When is it **timely** to know?

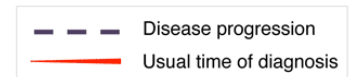
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In the **early** and **asymptomatic** periods, some people will want to know their risk, whether or not there are neuroprotective strategies. For them, **timely** constitutes the earlier the better.
- 

Others will only want to know if something can be done to alter their **risk** or **asymptomatic** disease. For them, **timely** depends on the availability of neuroprotective strategies.
- 

Many will only want to know when they are **symptomatic** (either early prodromal features or overt motor signs) and treatment will offer relief. For them, **timeliness** relates to symptom relief in the absence of neuroprotective/disease-modifying strategies.
- 

Finally there are a minority of people who would rather **never** know that they are at risk or even when they have the disease. For them, there is no point at which the disclosure is **timely**.



Patients' views on the ethical challenges of early Parkinson disease detection

Eva Schaeffer, MD,* Annette Rogge, MD,* Katharina Nieding, Vera Helmker, Christa Letsch, Björn Hauptmann, MD, and Daniela Berg, MD

Neurology® 2020;94:e2037-e2044. doi:10.1212/WNL.00000000000009400

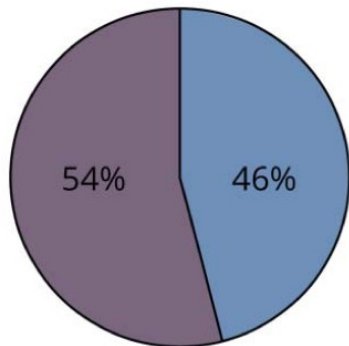
Correspondence

Dr. Schaeffer
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Imagine you could have known your risk for Parkinson disease years before you got the diagnosis.

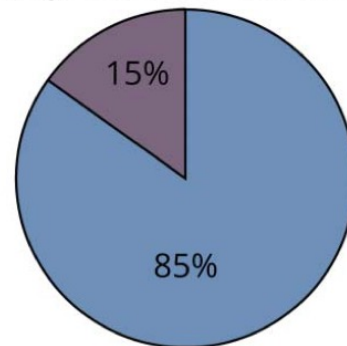
Would you have liked to know your risk, if:

There would have been no medical treatment to postpone the onset of the disease?



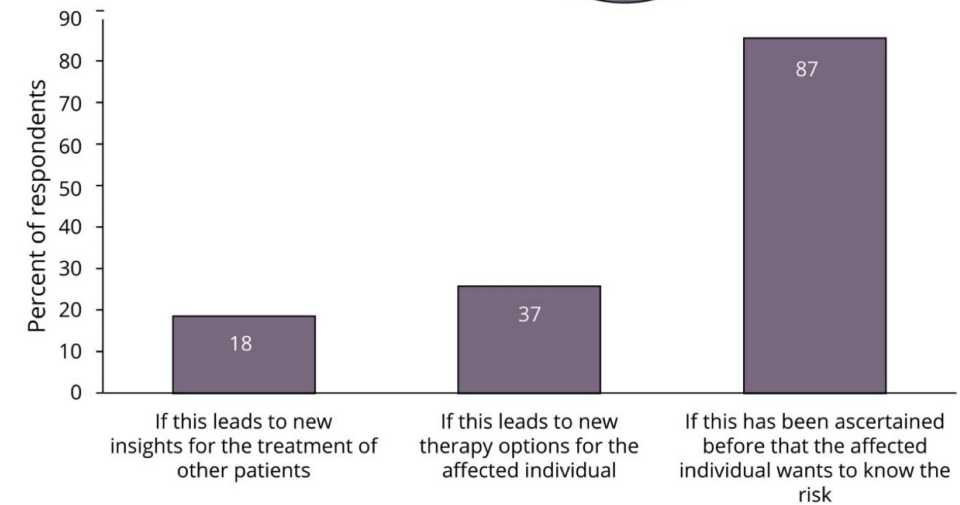
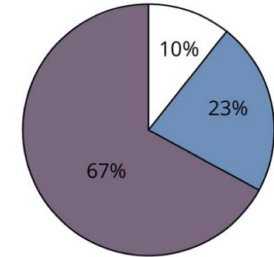
■ Yes
■ No

You could have altered the course of the disease by changing your lifestyle? (e.g. nutrition, exercise)







Do you think it is right to inform individuals that they have a high risk of developing PD in the course of their lives, before they have clear signs of the disease?

□ No, never
■ Yes, in any case
■ Yes, but only under certain conditions



BRIEF REPORT

The Views of Patients with Isolated Rapid Eye Movement Sleep Behavior Disorder on Risk Disclosure

Laura Pérez-Carbonell, MD,¹ 
Cristina Simonet, MD, PhD,²  Harneek Chohan, MSc,²
Aneet Gill, MSc,² Guy Leschziner, MD, PhD,¹
Anette Schrag, MD, PhD,³  and
Alastair J. Noyce, MD, PhD^{2*} 

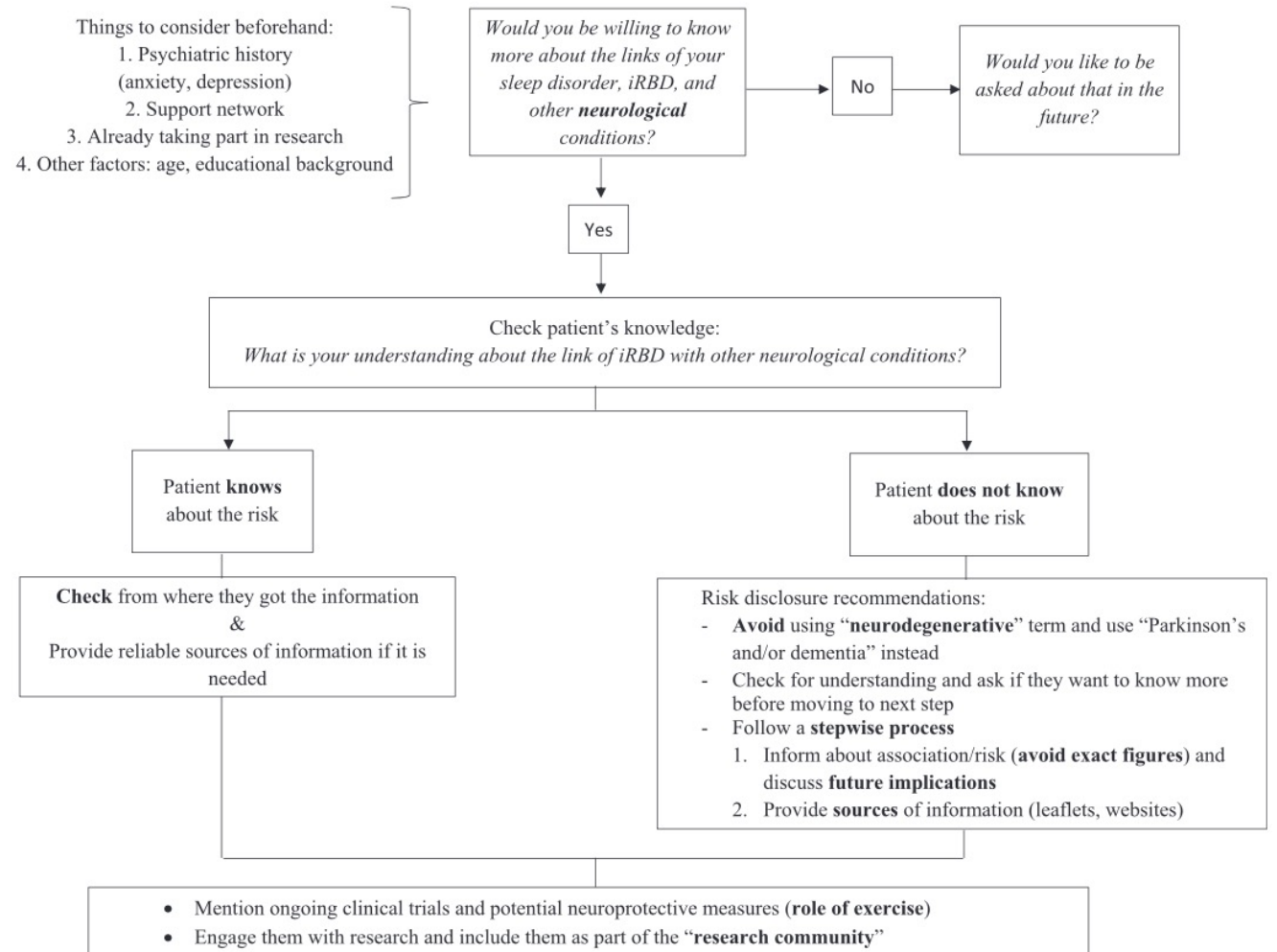
1/3 no information about NDD at Dx

- >50% of these found out online

>90% wanted to receive this information

- All from their clinician

Several suggested that information be disclosed sequentially, starting at the first consultation



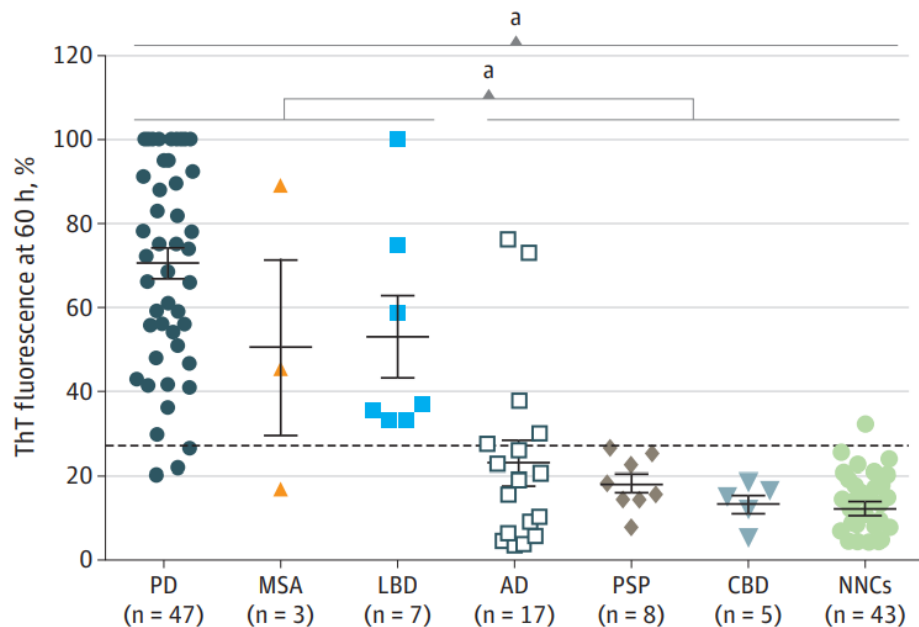
Shifting to a biological definition of disease?



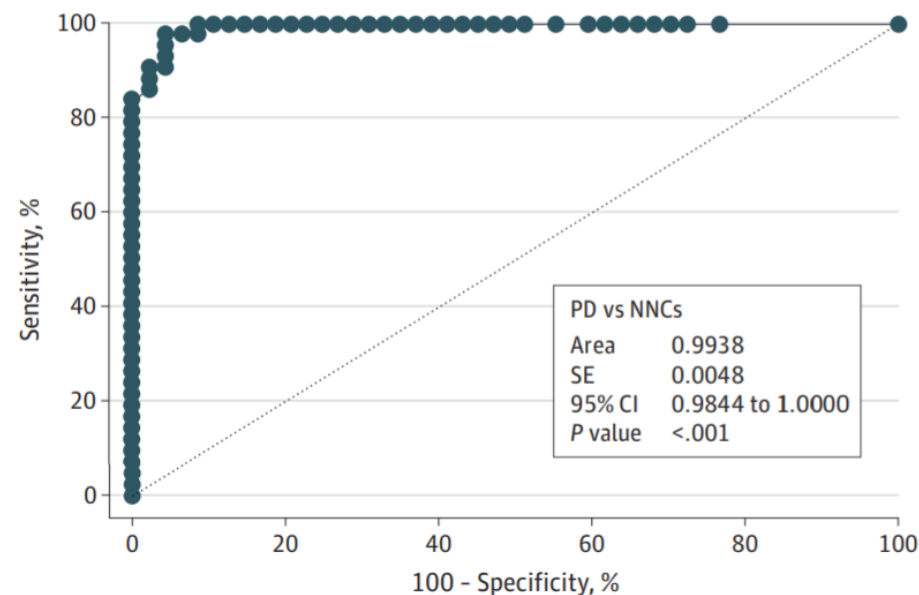
Skin α -Synuclein Aggregation Seeding Activity as a Novel Biomarker for Parkinson Disease

Zerui Wang, MD, PhD; Katelyn Becker, MS; Vincenzo Donadio, MD, PhD; Sandra Siedlak, MS; Jue Yuan, MS; Masih Rezaee, MD; Alex Incensi, MSc; Anastasia Kuzkina, MD; Christina D. Orrú, PhD; Curtisatsuoka, PhD; Rocco Liguori, MD; Steven A. Gunzler, MD; Byron Caughey, PhD; Maria E. Jimenez-Capdeville, PhD; Xiongwei Zhu, PhD; Kathrin Doppler, MD; Li Cui, MD, PhD; Shu G. Chen, PhD; Jiyan Ma, MD, PhD; Wen-Quan Zou, MD, PhD

A Scatter graph of RT-QuIC ThT fluorescence intensity of α Syn^P seeding activity of abdominal skin samples from cadavers with and without SOPs



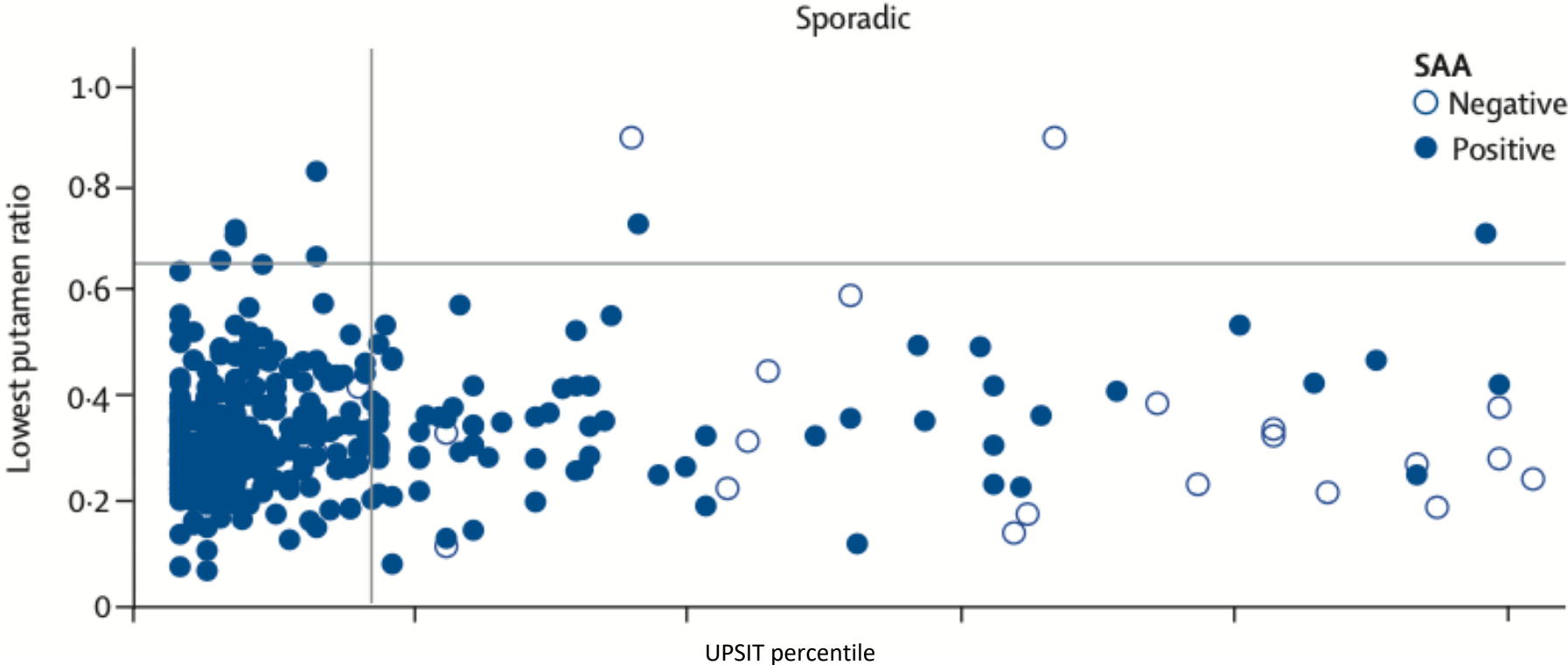
B ROC curve and derived AUC for α Syn^P seeding activity comparisons between patients with PD and controls



Assessment of heterogeneity among participants in the Parkinson's Progression Markers Initiative cohort using α -synuclein seed amplification: a cross-sectional study



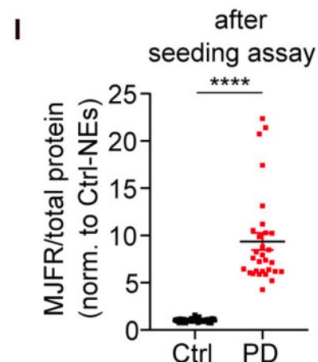
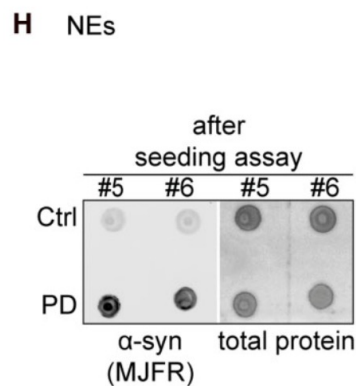
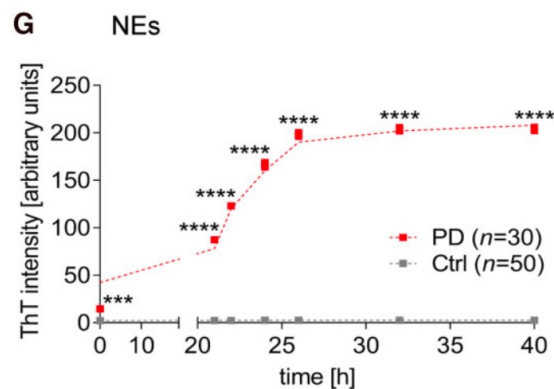
Andrew Siderowf*, Luis Concha-Marambio*, David-Erick Lafontant, Carly M Farris, Yihua Ma, Paula A Urenia, Hieu Nguyen, Roy N Alcalay, Lana M Chahine, Tatiana Foroud, Douglas Galasko, Karl Kiebertz, Kalpana Merchant, Brit Mollenhauer, Kathleen L Poston, John Seibyl, Tanya Simuni, Caroline M Tanner, Daniel Weintraub, Aleksandar Videnovic, Seung Ho Choi, Ryan Kurth, Chelsea Caspell-Garcia, Christopher S Coffey, Mark Frasier, Luis M A Oliveira, Samantha J Hutten, Todd Sherer, Kenneth Marek, Claudio Soto, on behalf of the Parkinson's Progression Markers Initiative†





Detection of neuron-derived pathological α -synuclein in blood

Annika Kluge,¹ Josina Bunk,² Eva Schaeffer,¹ Alice Drobny,³ Wei Xiang,³ Henrike Knacke,¹ Simon Bub,³ Wiebke Lückstädt,⁴ Philipp Arnold,⁵ Ralph Lucius,⁴ Daniela Berg^{1,†} and Friederike Zunke^{3,†}



For each time point, measurements of all 30 Parkinson's disease patients and all 50 controls were combined and demonstrated as means \pm SEM.

Alpha-synuclein seeds in olfactory mucosa of patients with isolated REM sleep behaviour disorder

Ambra Stefani,¹ Alex Iranzo,² Evi Holzknicht,¹ Daniela Perra,³ Matilde Bongianni,³ Carles Gaig,² Beatrice Heim,¹ Monica Serradell,² Luca Sacchetto,⁴ Alicia Garrido,² Stefano Capaldi,⁵ Almudena Sánchez-Gómez,² Maria Paola Cecchini,⁶ Sara Mariotto,³ Sergio Ferrari,³ Michele Fiorini,³ Joachim Schmutzhard,⁷ Pietro Cocchiara,³ Isabel Vilaseca,⁸ Lorenzo Brozzetti,³ Salvatore Monaco,³ M. Jose Marti,² Klaus Seppi,¹ Eduardo Tolosa,² Joan Santamaria,² Birgit Högl,¹ Werner Poewe^{1,2} and Gianluigi Zanusso³ for the SINBAR (Sleep Innsbruck Barcelona) group

	Isolated RBD		P-value
	α -syn-positive n = 28 (44.4%)	α -syn-negative n = 35 (55.6%)	
Age, years	72 (67–74.8)	67 (60–74)	0.059
Age at diagnosis, years	67 (63–68.8)	60 (56–67)	0.004
Age at onset, years	62 (59–67.5)	53 (45–61)	0.011
Disease duration, years	4.5 (1.3–8)	6 (2–10)	0.176
Sex, n (%)			0.170
Female	6 (21.4)	3 (8.6)	
Male	22 (78.6)	32 (91.4)	
MDS-UPDRS III score	4 (1–7)	4 (2–7)	0.692
SCOPA-AUT score	18 (11–29)	13 (8–21)	0.133
MoCA score	27 (24–28)	27 (24–28)	0.737
Sniffin' Sticks score	7 (5–8)	11 (8–13)	< 0.001
Olfactory dysfunction, n (%)	22 (78.6)	8 (22.9)	< 0.001
Hoehn and Yahr stage	n.a.	n.a.	n.a.
Rigidity, n (%)	n.a.	n.a.	n.a.
Rest tremor, n (%)	n.a.	n.a.	n.a.

2018 National Institute on Aging—Alzheimer's Association (NIA-AA) Research Framework

NIA-AA Research Framework: Toward a biological definition of Alzheimer's disease

Clifford R. Jack, Jr.,^{a,*} David A. Bennett^b, Kaj Blennow^c, Maria C. Carrillo^d, Billy Dunn^c, Samantha Budd Haerberlein^f, David M. Holtzman^g, William Jagust^h, Frank Jessenⁱ, Jason Karlawish^j, Enchi Liu^k, Jose Luis Molinuevo^l, Thomas Montine^m, Creighton Phelpsⁿ, Katherine P. Rankin^o, Christopher C. Rowe^p, Philip Scheltens^q, Eric Siemers^r, Heather M. Snyder^d, Reisa Sperling^s

Contributors[†]: Cerise Elliott, Eliezer Masliah, Laurie Ryan, and Nina Silverberg

Biomarker profiles and categories

AT(N) profiles	Biomarker category	
A-T-(N)-	Normal AD biomarkers	
A+T-(N)-	Alzheimer's pathologic change	Alzheimer's continuum
A+T+(N)-	Alzheimer's disease	
A+T+(N)+	Alzheimer's disease	
A+T-(N)+	Alzheimer's and concomitant suspected non Alzheimer's pathologic change	
A-T+(N)-	Non-AD pathologic change	
A-T-(N)+	Non-AD pathologic change	
A-T+(N)+	Non-AD pathologic change	



A biological classification of Huntington's disease: the Integrated Staging System

Sarah J Tabrizi*, Scott Schobel*, Emily C Gantman, Alexandra Mansbach, Beth Borowsky, Pavlina Konstantinova, Tiago A Mestre, Jennifer Panagoulas, Christopher A Ross, Maurice Zauderer, Ariana P Mullin, Klaus Romero, Sudhir Sivakumaran, Emily C Turner, Jeffrey D Long, Cristina Sampaio, on behalf of the Huntington's Disease Regulatory Science Consortium (HD-RSC)[†]

Lancet Neurol 2022; 21: 632-44
See [Comment](#) page 582

The current research paradigm for Huntington's disease is based on participants with overt clinical phenotypes and does not address its pathophysiology nor the biomarker changes that can precede by decades the functional decline.

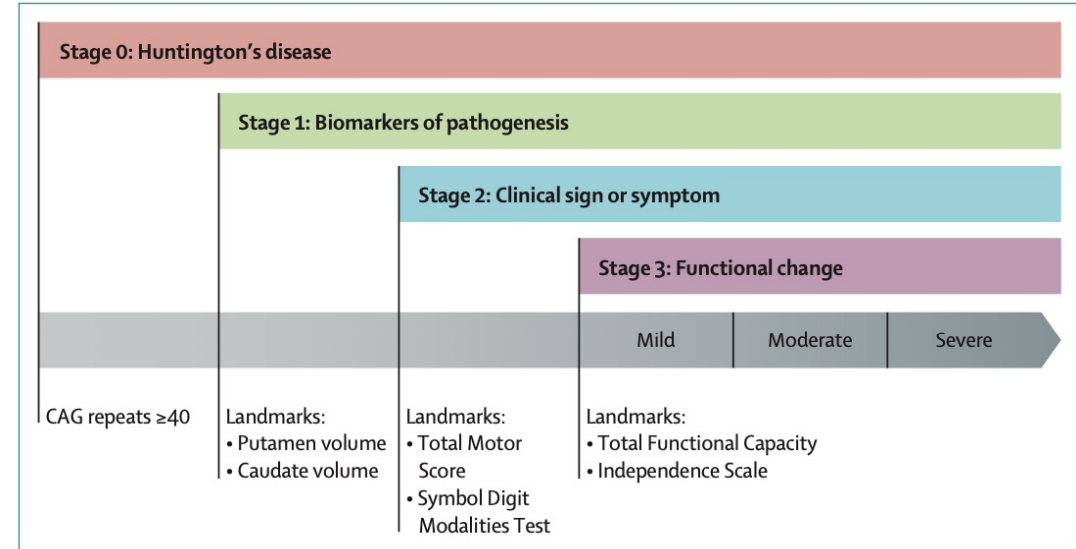
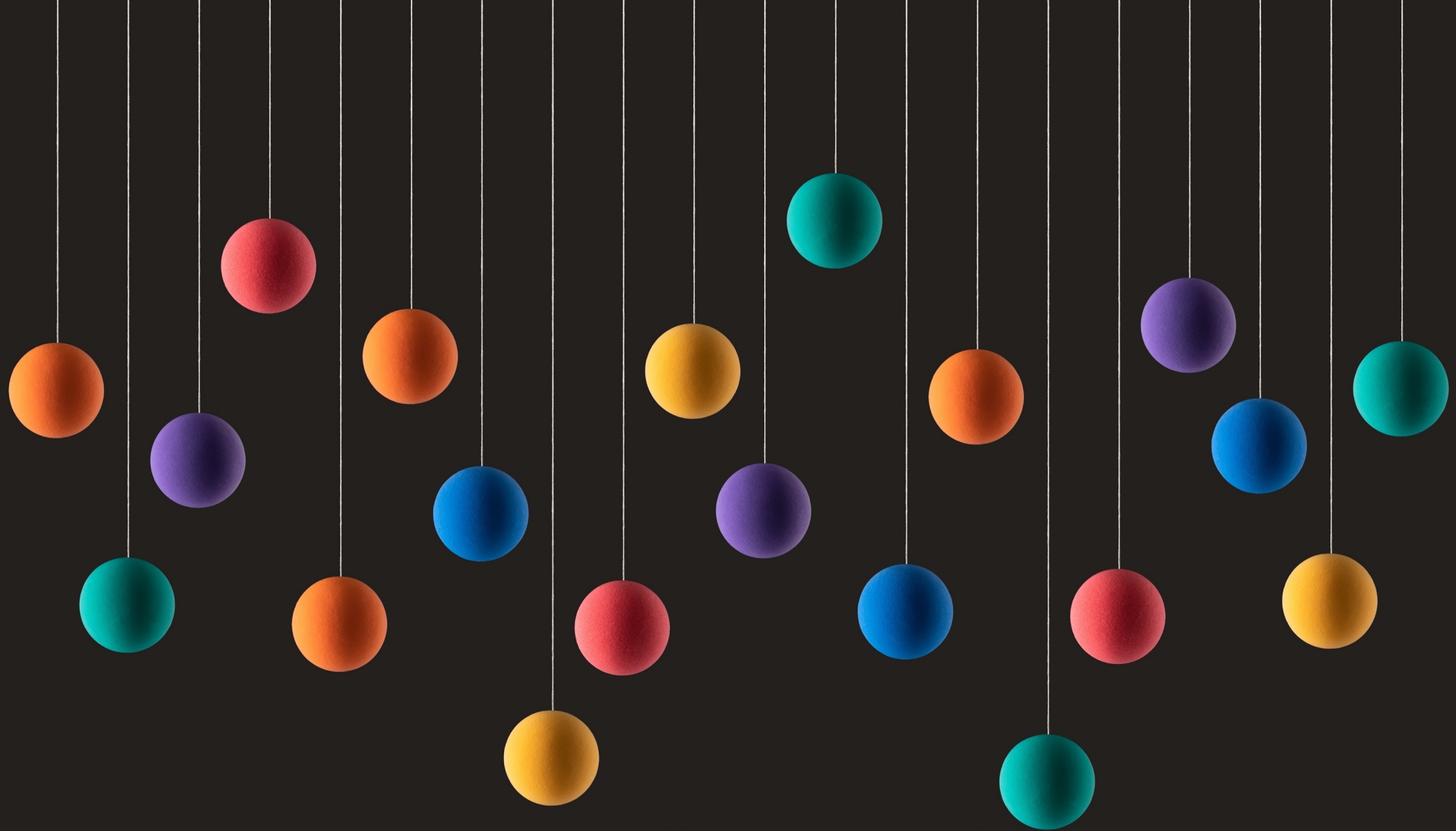


Figure 3: Cumulative staging framework and landmarks of the Huntington's disease Integrated Staging System





Hyposmia in the clinic

70-90% have hyposmia/anosmia at the point of diagnosis

Subjective and objective olfactory function are loosely correlated

NICE (71) - 2017

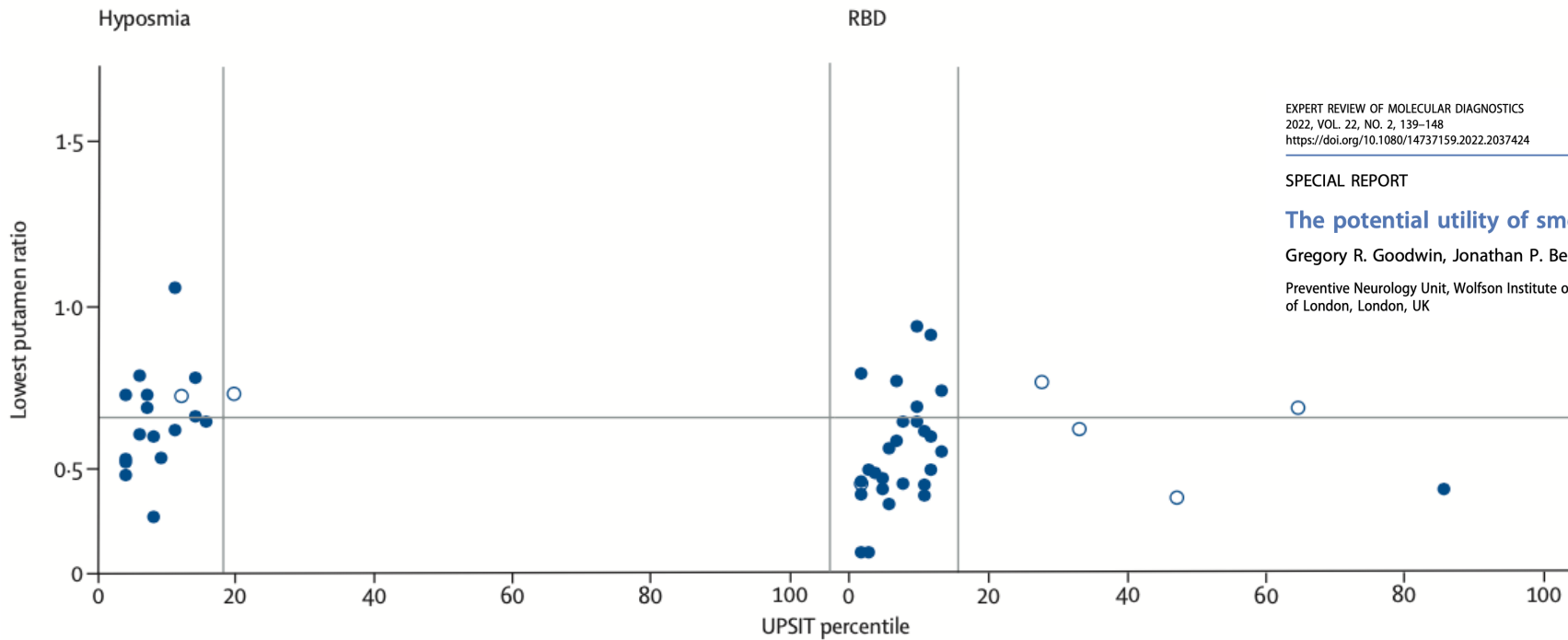
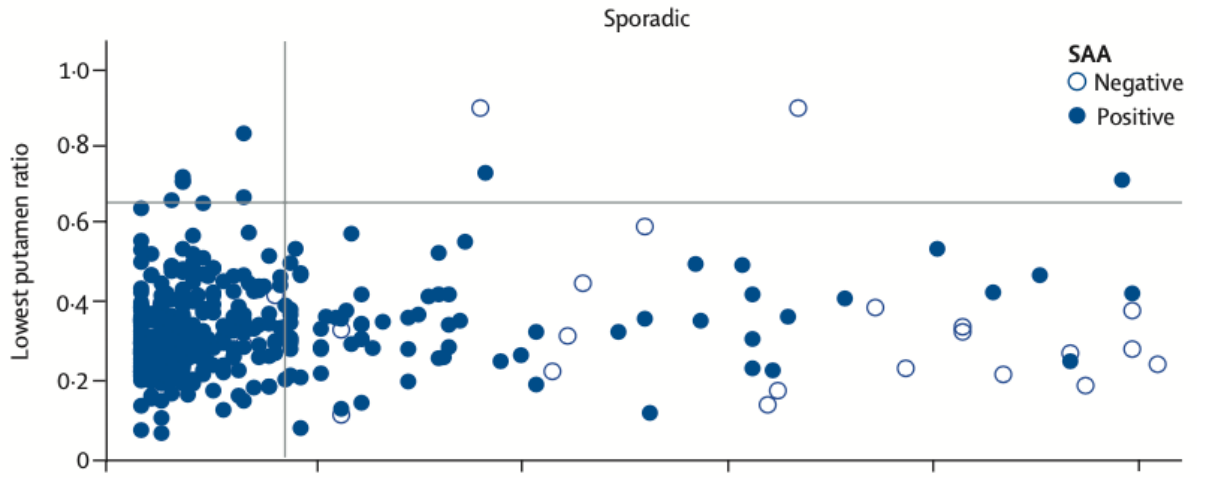
Objective smell testing

1.2.14 Do not use objective smell testing in the differential diagnosis of parkinsonian syndromes, except in the context of clinical trials. [2006, amended 2017]

Assessment of heterogeneity among participants in the Parkinson's Progression Markers Initiative cohort using α -synuclein seed amplification: a cross-sectional study



Andrew Siderowf*, Luis Concha-Marambio*, David-Erick Lafontant, Carly M Farris, Yihua Ma, Paula A Urenia, Hieu Nguyen, Roy N Alcalay, Lana M Chahine, Tatiana Foroud, Douglas Galasko, Karl Kiebertz, Kalpana Merchant, Brit Mollenhauer, Kathleen L Poston, John Seibyl, Tanya Simuni, Caroline M Tanner, Daniel Weintraub, Aleksandar Videnovic, Seung Ho Choi, Ryan Kurth, Chelsea Caspell-Garcia, Christopher S Coffey, Mark Frasier, Luis M A Oliveira, Samantha J Hutten, Todd Sherer, Kenneth Marek, Claudio Soto, on behalf of the Parkinson's Progression Markers Initiative†



EXPERT REVIEW OF MOLECULAR DIAGNOSTICS
2022, VOL. 22, NO. 2, 139-148
<https://doi.org/10.1080/14737159.2022.2037424>



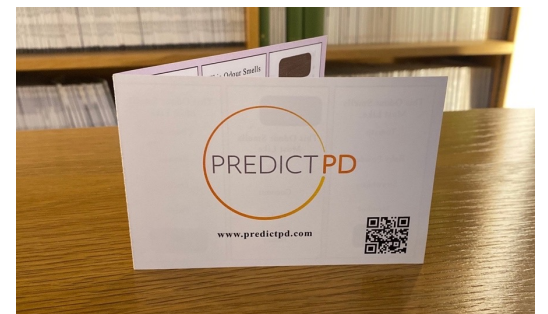
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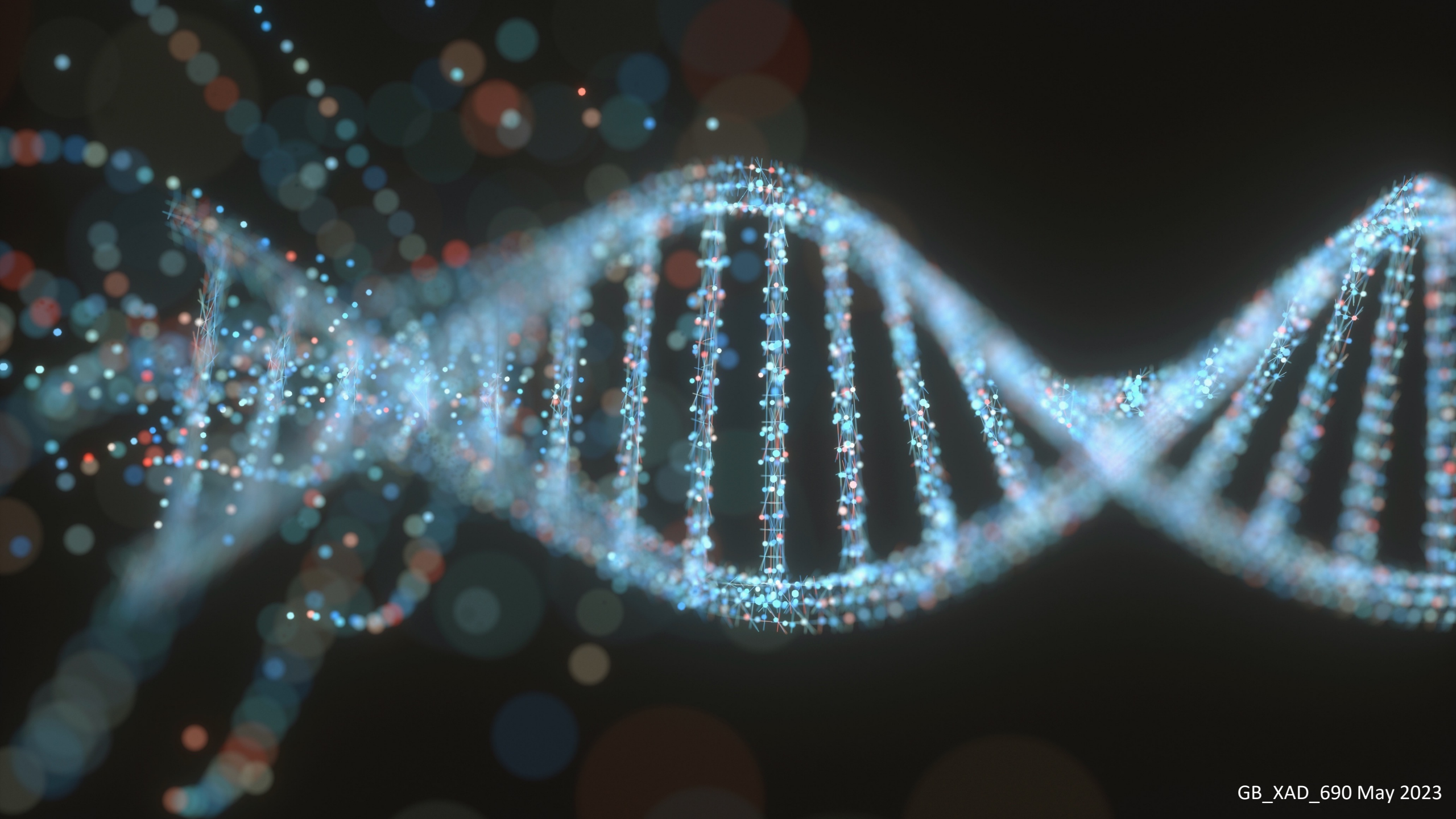
SPECIAL REPORT

The potential utility of smell testing to screen for neurodegenerative disorders

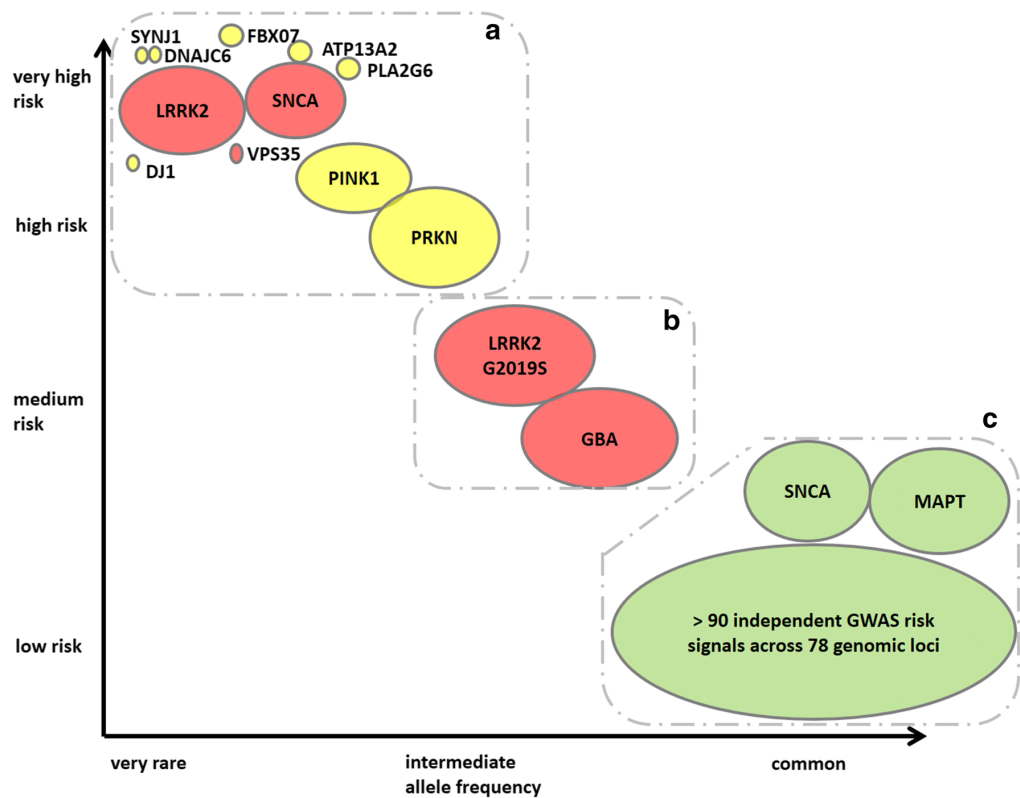
Gregory R. Goodwin, Jonathan P. Bestwick and Alastair J. Noyce

Preventive Neurology Unit, Wolfson Institute of Population Health, Barts and the London School of Medicine and Dentistry, Queen Mary University of London, London, UK





Monogenic PD 5–10% Most is 'sporadic'



MAPT, microtubule-associated protein tau; PRKN, parkin RBR E3 ubiquitin protein ligase; PINK1, PTEN-induced kinase1; SNCA, synuclein alpha; SNP, single nucleotide polymorphism.

ARTICLES | VOLUME 18, ISSUE 12, P1091-1102, DECEMBER 01, 2019

Identification of novel risk loci, causal insights, and heritable risk for Parkinson's disease: a meta-analysis of genome-wide association studies

Mike A Nalls, PhD * · Cornelis Blauwendraat, PhD * · Costanza L Vallerga, MS * · Karl Heilbron, PhD * · Sara Bandres-Ciga, PhD * · Diana Chang, PhD * · et al. Show all authors · Show footnotes

Published: December, 2019 · DOI: [https://doi.org/10.1016/S1474-4422\(19\)30320-5](https://doi.org/10.1016/S1474-4422(19)30320-5) · Check for updates

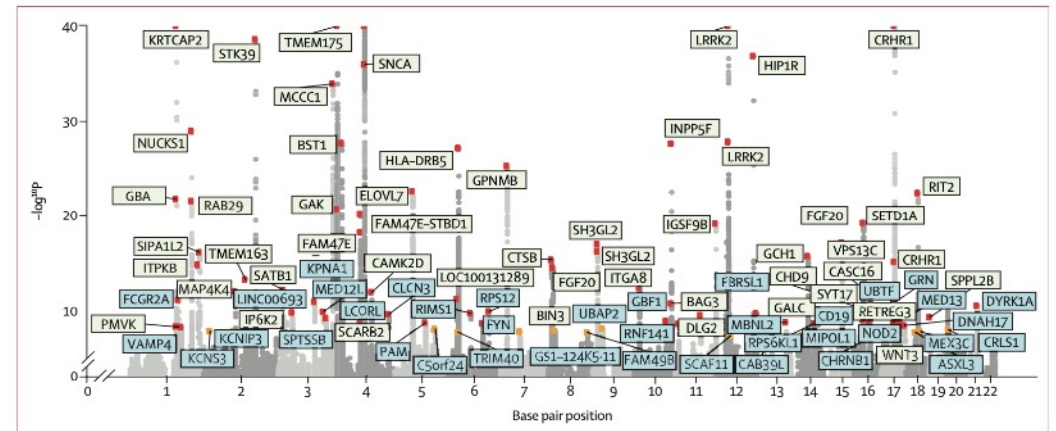


Figure 2: Manhattan plot for significant variants
The nearest gene to each of the 90 significant variants are labelled in green for previously identified loci and in blue for novel loci. $-\log_{10} p$ values were capped at 40. Variant points are colour-coded red and orange, with orange representing significant variants at $p=5 \times 10^{-4}$ and 5×10^{-5} and red representing significant variants at $p < 5 \times 10^{-5}$. The X axis represents the base pair position of variants from smallest to largest per chromosome (1–22), only autosomes were included in this analysis.

7.8M SNPs in 37.7K cases, 18.6K UK Biobank proxy-cases (having a first degree relative with PD), and 1.4M controls.

Genetic testing in the clinic

NICE guidelines

Parkinson's disease in adults

NICE guideline
Published: 19 July 2017
www.nice.org.uk/guidance/ng71



International Parkinson and
Movement Disorder Society

No mention of genetic analysis in either

The objectives of Task Force on Recommendations for Clinical Genetic Testing in Parkinson's Disease are:

- Convene a panel of international experts to review the current state of the field in PD genetic testing and counseling in various regions of the world
- Review the ethical implications of genetic testing, counseling, and variable access to testing
- Build consensus on the policies and recommendations for PD clinical genetic testing and counseling

REVIEW

CME

MDS Clinical Diagnostic Criteria for Parkinson's Disease

Ronald B. Postuma, MD, MSc,^{11*} Daniela Berg, MD,^{21*} Matthew Stern, MD,³ Werner Poewe, MD,⁴
C. Warren Olanow, MD, FRCPC,⁵ Wolfgang Oertel, MD,⁶ José Obeso, MD, PhD,⁷ Kenneth Marek, MD,⁸ Irene Litvan, MD,⁹
Anthony E. Lang, OC, MD, FRCPC,¹⁰ Glenda Halliday, PhD,¹² Christopher G. Goetz, MD,¹³ Thomas Gasser, MD,²
Bruno Dubois, MD, PhD,¹⁴ Piu Chan, MD, PhD,¹⁵ Bastiaan R. Bloem, MD, PhD,¹⁶ Charles H. Adler, MD, PhD,¹⁷
and Günther Deuschl, MD¹⁸

PD genetics panel

1. NEUROGENETICS UNIT

The Neurogenetics Unit is a department of the UCLH National Hospital for Neurology and Neurosurgery. The laboratory is co-situated with the Great Ormond Street Genetics (GOSH) Service, together forming the Rare & Inherited Disease Genomic Laboratory of the North Thames Genomics Laboratory Hub (GLH). Under this arrangement, for reports issued by Neurogenetics, technical laboratory services are provided by the GOSH laboratory (UKAS accredited medical laboratory no. 7883) and data interpretation and reporting is performed by Neurogenetics (UKAS accredited medical laboratory No. 8040), please check the UKAS website here: <http://www.ukas.com/search-accredited-organisations/> for our current accredited scope. The Neurogenetics Unit provides a regional, national and international diagnostic service for inherited neurological disorders. Every test accepted by the laboratory is considered a service level agreement.

Laboratory Director

[Professor H. Houlden PhD, MRCP](#) (Clinical lead)

Head of Laboratory

Dr James Polke PhD, FRCPath

Quality Manager

Dr Vaneesha Gibbons PhD

Consultant Neurologists

[Professor N.W. Wood PhD, FRCP, FMedSci](#)

[Professor M.G. Hanna MD, FRCP](#)

[Professor M.M. Reilly MD, FRCPI](#)

[Professor S. Tabrizi PhD, MRCP](#)

[Professor P. Giunti MD, PhD](#)

Clinical Nurse Specialist

Ms L. Redmond RGN MSc

Note – GBA not there

R58.1 Adult onset neurodegenerative disorder [PanelApp](#)

GLH Regions Covered: North Thames

Notes: The primary indications for this test are ALS, Dementia, and PD. Any referral received where one of these is clearly the presenting phenotype will be tested with a targeted panel first, if clinically-relevant variants are detected, a report will be issued, if not, the entire Neurodegenerative Diseases panel will be analysed and a report issued from this. See also sections 2 and 3 below.

- PD Slice:

Genes Sequenced: *ATP13A2, ATP1A3, CHCHD2, CSF1R, DCTN1, DNAJC6, FBXO7, GCH1, GRN, LRRK2, MAPT, PANK2, PARK7, PINK1, PLA2G6, PRKN, SNCA, SPG11, SYNJ1, VPS13A, VPS35, WDR45, XPR1*

Other Notes: This test will also include MLPA for exonic deletions / duplications in *SNCA, PRKN, PINK1* and *PARK7*.

Test Name	Sample Requirements	Reporting Time (Calendar Days)	Testing Strategy	NHS Price * \$	GLH Region Covered
Adult onset dystonia, chorea or related movement disorder (Panel) (R56.1)	Blood 5-10ml in EDTA	84	NGS	£1,105**	North Thames
Adult onset hereditary spastic paraplegia (Panel) (R60.1)	Blood 5-10ml in EDTA	84	NGS	£1,105**	North Thames
Adult onset neurodegenerative disorder (ALL Genes: Dementia, ALS, PD, and others) (Panel) (R58.1) #	Blood 5-10ml in EDTA	84	NGS	£1,105**	North Thames

What is Parkinson's disease

We are approaching a point in time where we will be forced to re-examine this question



Until then...