

## Prescribing Information

### Promixin 1 million International Units (IU) Powder for Nebuliser Solution

Consult Summary of Product Characteristics before prescribing.

**Legal Category:** POM

**Marketing Authorisation number and basic NHS cost:** PL 31654/0008, Pack of 30 vials £204.00

Active Ingredient: colistimethate sodium, 1 million International Units

**Uses:** Promixin is indicated for the management of chronic pulmonary infections due to *Pseudomonas aeruginosa* in adult and paediatric patients with cystic fibrosis.

**Dosage and administration:** Dose can be adjusted depending on the severity and type of infection. Recommended dose range is: Adults, adolescents and children > 2 years: 1 - 2 million IU two or three times daily (max 6 MIU per day). Children < 2 years: 0.5-1 million IU twice daily (max. 2 MIU per day). Dose adjustment is not considered necessary in older people or patients with renal or hepatic impairment.

Administration is via nebulisation.

Each pack of Promixin contains 30 glass vials, each containing 1 million IU of Promixin Powder for Nebuliser Solution and a Promixin Disc to enable use with the I-neb AAD system.

**Contraindications:** Contraindicated in patients with known sensitivity to colistimethate sodium or other polymyxins, and in patients with myasthenia gravis. **Precautions:** Nebulisation of colistimethate sodium may induce coughing or bronchospasm. It is advisable to administer the first dose under medical supervision. Pre-dosing with a bronchodilator is recommended. FEV<sub>1</sub> should be evaluated regularly pre and post dosing. Evidence of bronchial hyperreactivity in the presence of a bronchodilator may indicate an allergic response and Promixin should be discontinued.

Colistimethate sodium is renally excreted and is nephrotoxic if high serum concentrations are achieved. Whilst this is unlikely during inhalation therapy, serum concentration estimations are recommended, especially in patients with renal impairment. Nephrotoxicity is usually reversible on discontinuation of therapy.

Neurotoxicity has been associated with high serum concentrations. Dose reduction may relieve symptoms. Concomitant use of inhaled colistimethate sodium with other medications that are nephrotoxic or neurotoxic including those which are administered by the i.v. or i.m. routes should only be undertaken with extreme caution.

Use with extreme caution in patients with porphyria.

Colistimethate sodium acquired resistance in mucoid *Pseudomonas aeruginosa* during clinical use has been reported. Susceptibility testing should be performed.

Safety in human pregnancy has not been established. Colistimethate sodium is excreted in breast milk, breast feeding is not recommended during therapy.

**Side Effects:** Coughing and/or bronchospasm. Sore throat and sore mouth, which may be due to hypersensitivity or candidiasis. Hypersensitivity reactions including skin rash: if these occur, treatment should be withdrawn.

Further information is available from  
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**P.I. date of approval July 2022**

**Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Adverse events should also be reported to Zambon UK at [drugsafetyUK@zambongroup.com](mailto:drugsafetyUK@zambongroup.com) or telephone +44(0)800 0288 942**